

5月 LESMILLS VR LESSON

月	火	水	木	土	日
<p>▶ LESMILLS SH'BAM 11:35AM - 12:05PM</p> <p>▶ LESMILLS BODYBALANCE 3:00PM - 3:30PM</p> <p>▶ LESMILLS SH'BAM 4:00PM - 4:30PM</p> <p>▶ LESMILLS BODYCOMBAT 5:00PM - 5:30PM</p> <p>▶ LESMILLS BODYPUMP 6:00PM - 6:30PM</p> <p>▶ LESMILLS CXWORX 9:15PM - 9:45PM</p>	<p>▶ LESMILLS BODYBALANCE 10:35AM - 11:05AM</p> <p>▶ LESMILLS BODYPUMP 12:35PM - 1:05PM</p> <p>▶ LESMILLS CXWORX 3:00PM - 3:30PM</p> <p>▶ LESMILLS BODYBALANCE 4:00PM - 4:30PM</p> <p>▶ LESMILLS SH'BAM 5:00PM - 5:30PM</p> <p>▶ LESMILLS BODYPUMP 6:00PM - 6:30PM</p> <p>▶ LESMILLS SH'BAM 9:15PM - 9:45PM</p>	<p>▶ LESMILLS CXWORX 11:45AM - 12:15PM</p> <p>▶ LESMILLS BODYPUMP 3:00PM - 3:30PM</p> <p>▶ LESMILLS BODYCOMBAT 4:00PM - 4:30PM</p> <p>▶ LESMILLS CXWORX 5:00PM - 5:30PM</p> <p>▶ LESMILLS BODYBALANCE 6:00PM - 6:30PM</p> <p>▶ LESMILLS BODYBALANCE 9:15PM - 9:45PM</p>	<p>▶ LESMILLS SH'BAM 12:40PM - 1:10PM</p> <p>▶ LESMILLS SH'BAM 3:00PM - 3:30PM</p> <p>▶ LESMILLS BODYPUMP 4:00PM - 4:30PM</p> <p>▶ LESMILLS BODYCOMBAT 5:00PM - 5:30PM</p> <p>▶ LESMILLS SH'BAM 6:00PM - 6:30PM</p> <p>▶ LESMILLS CXWORX 9:15PM - 9:45PM</p>	<p>▶ LESMILLS SH'BAM 11:45AM - 12:15PM</p> <p>▶ LESMILLS BODYPUMP 3:00PM - 3:30PM</p> <p>▶ LESMILLS BODYCOMBAT 4:00PM - 4:30PM</p> <p>▶ LESMILLS CXWORX 5:00PM - 5:30PM</p> <p>▶ LESMILLS SH'BAM 6:00PM - 6:30PM</p> <p>▶ LESMILLS CXWORX 8:00PM - 8:30PM</p>	<p>▶ LESMILLS CXWORX 11:45AM - 12:15PM</p> <p>▶ LESMILLS SH'BAM 1:00PM - 1:30PM</p> <p>▶ LESMILLS BODYBALANCE 4:00PM - 4:30PM</p> <p>▶ LESMILLS CXWORX 5:00PM - 5:30PM</p>

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